



**Toby
Evans**

TUKFS Annual
Conference 2026

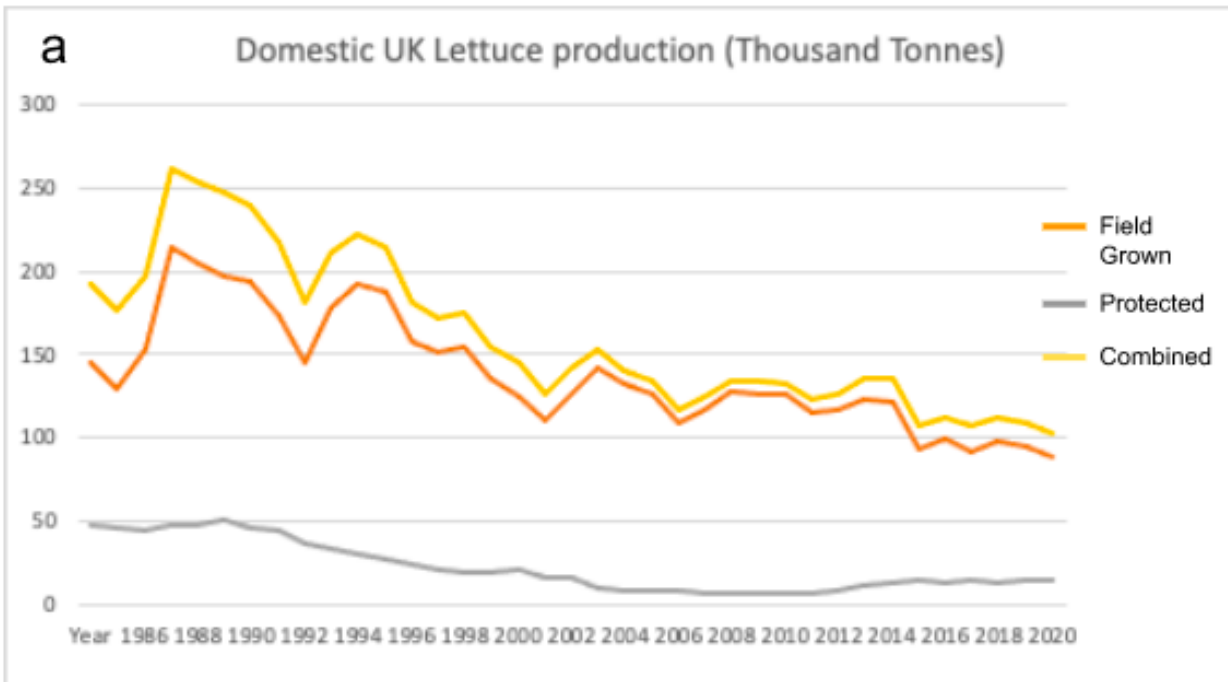
**The viability of
low-tech hydroponics
for sustainable local lettuce
production in the United Kingdom**

Leafy Greens in UK Horticulture

Environmental Cost: Current field lettuce relies on high-impact peat soils.

Systemic Risk: Heavy reliance on Spanish/Dutch imports.

Energy Needs: High-tech CEA (Controlled Environment Agriculture) is becoming economically infeasible due to energy costs.



(DEFRA, 2021)

Project Aims

System Design

Design low-cost hydroponics systems for use in plastic polytunnels without supplementary lighting or heating

Lettuce Growth

Quantify yield and seasonal extension across varied lettuce genotypes within low-input hydroponic systems

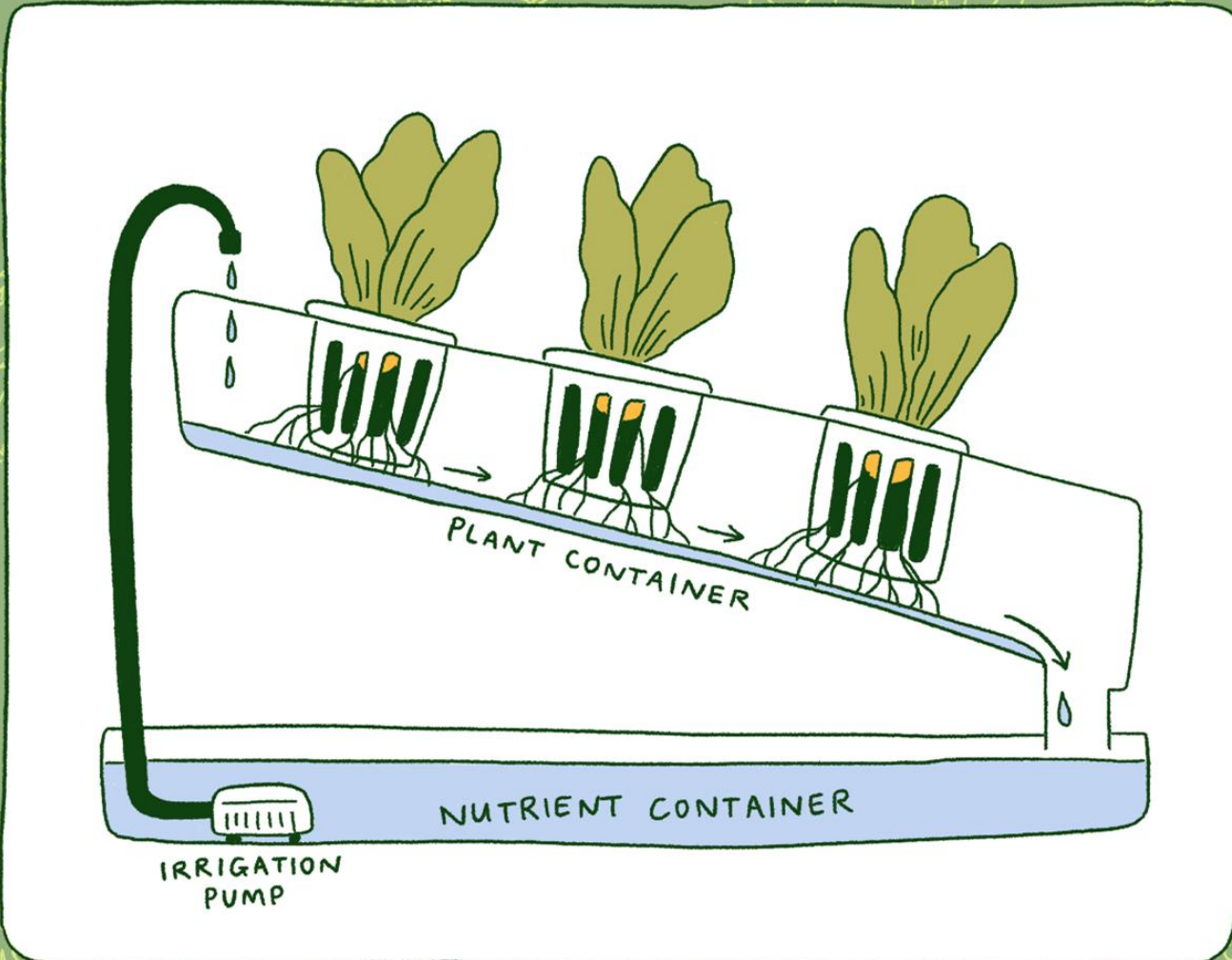
Commercial Viability

Compare the costs of production against potential revenues over a 15-year period to assess the potential to provide returns on investment

Integration into the UK food system

Investigate what may be needed to facilitate the use of these production systems to produce food for local markets

NUTRIENT FILM TECHNIQUE (NFT)

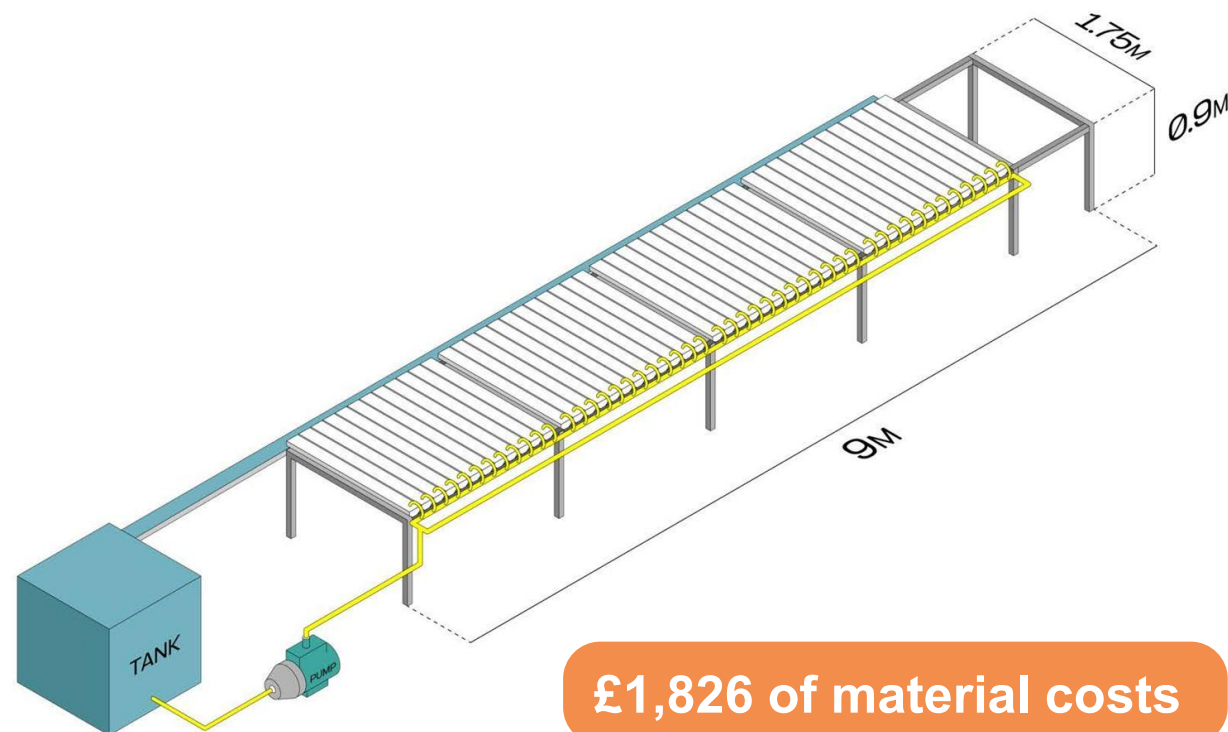


① Plants grow in long channels

② A thin film of water passes over the roots

③ Popular crops include lettuce, herbs, pak choi and strawberries

Low-Cost DIY Hydroponics System Design



£1,826 of material costs

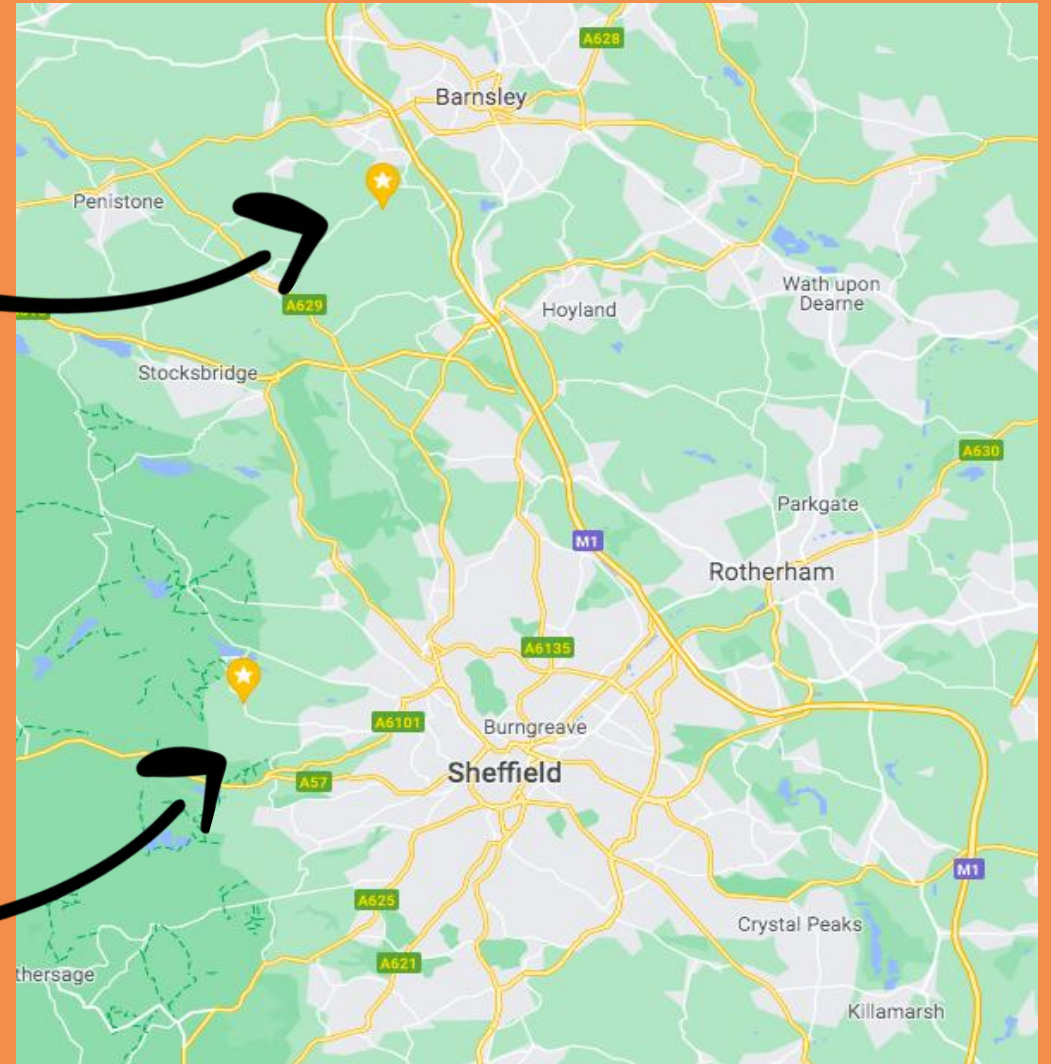
Full Season Crop Trials (Oct 23 - Dec 24)



Wentworth Castle Gardens (WCG)



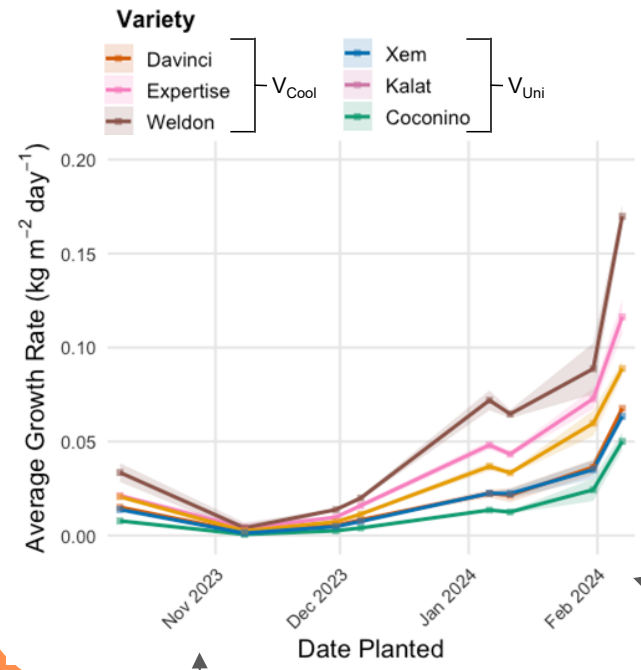
Our Cow Molly (OCM) Dairy Farm



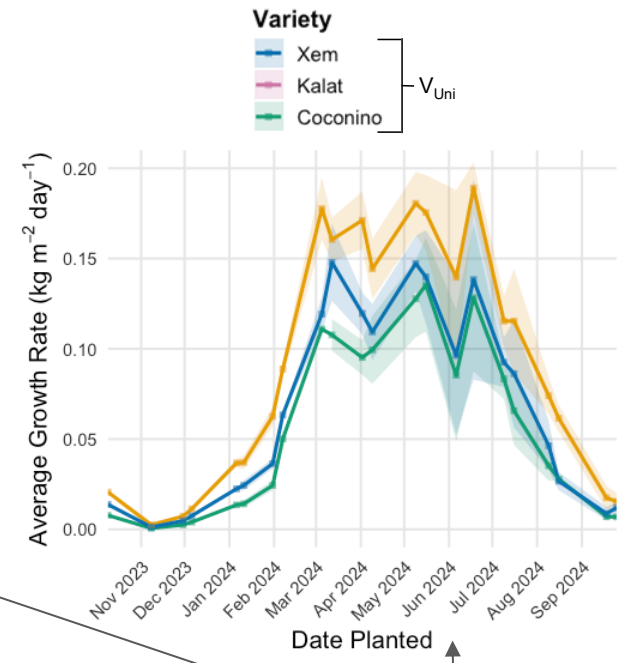


Daily Growth Rates

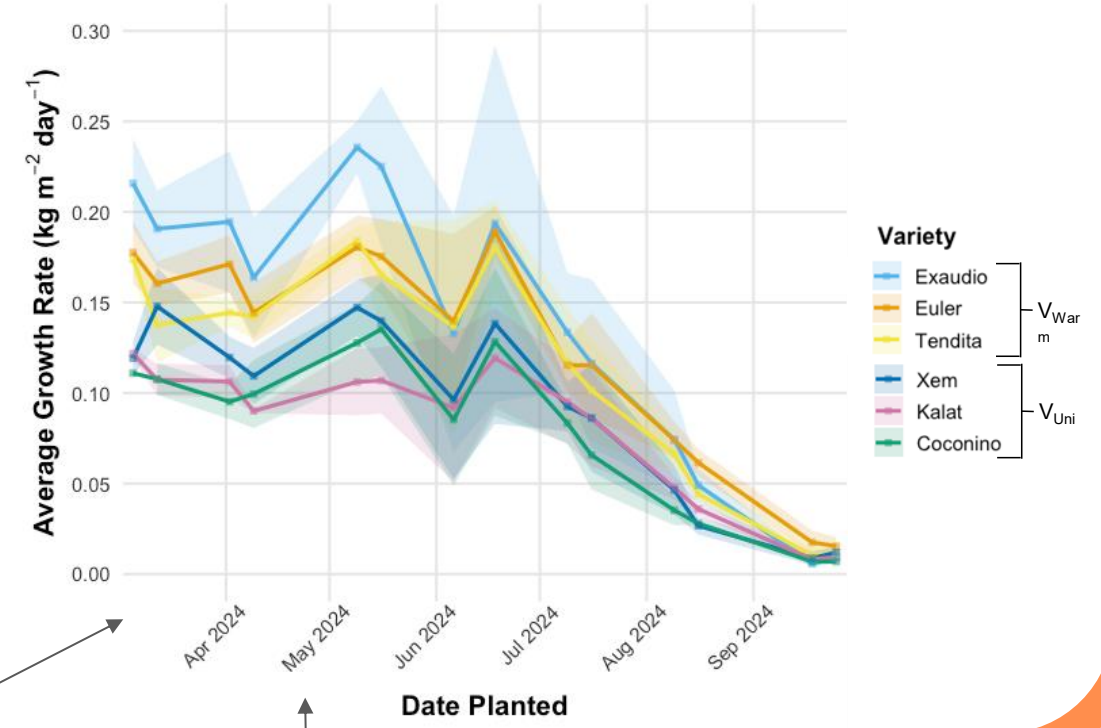
Autumn / Winter



Full Year



Spring / Summer



Cool Specific (V_{Cool})

- Weldon
- Expertise
- Davinci

Universal (V_{Uni})

- Euler
- Xem
- Coconino

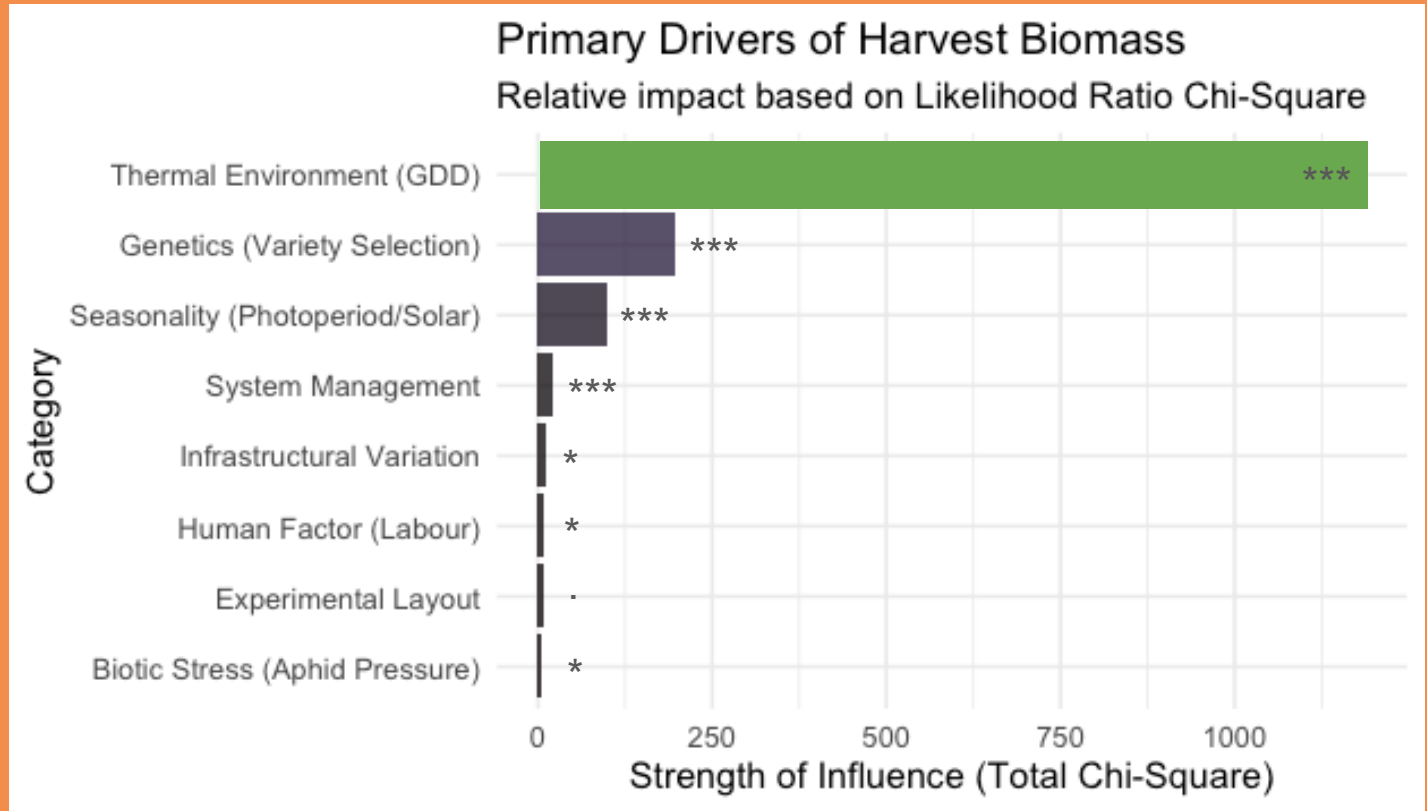
Warm Specific (V_{Warm})

- Tendita
- Exaudio
- Kalat

Influences on Growth Rates

Only minor variations were found outside of temperature, other seasonal effects and variety

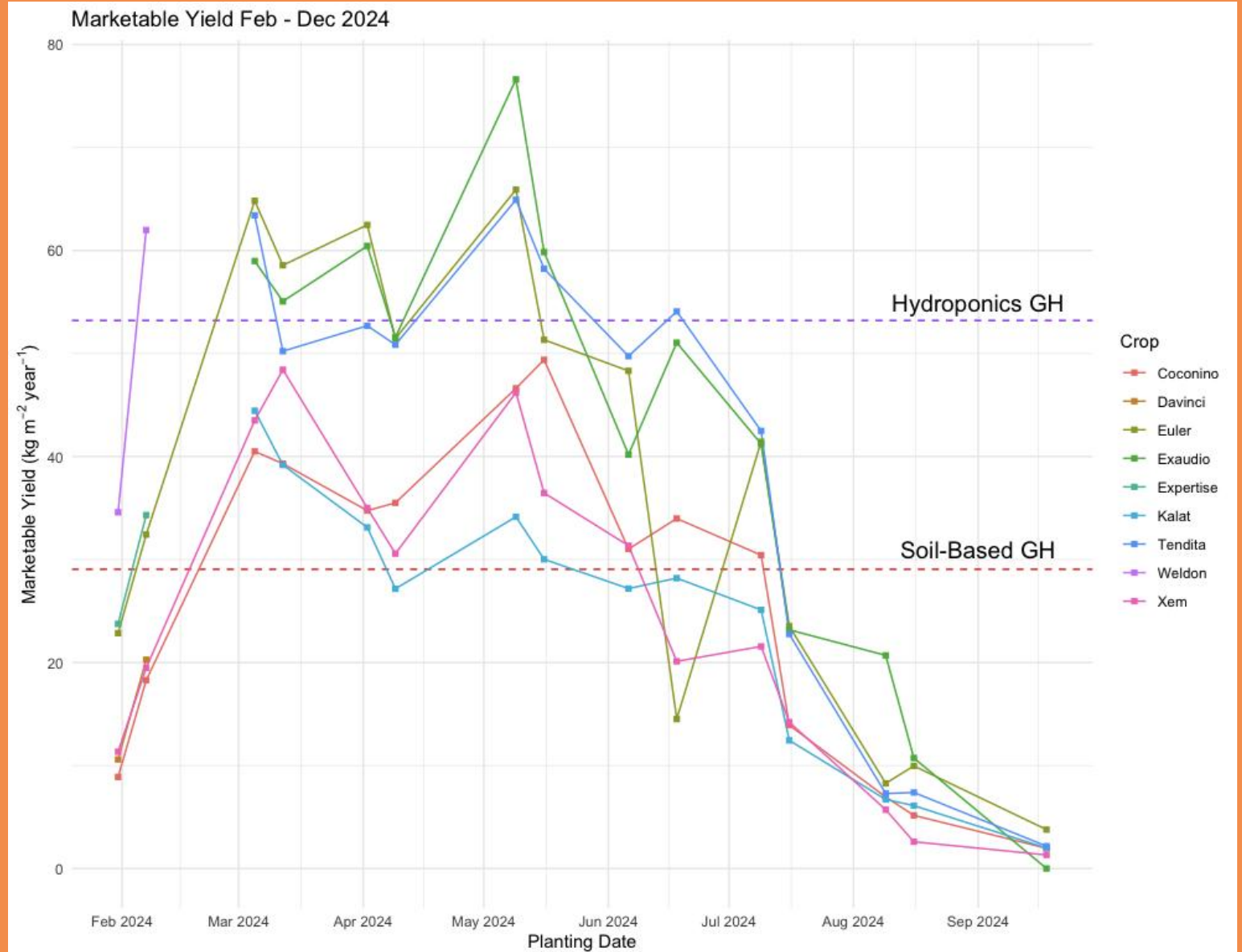
Terms assessed using Type II Anova



Significance: $p < 0.1$ (.), $p < 0.05$ (*), $p < 0.01$ (**), $p < 0.001$ (***)

Compared to Industry

Lettuce performance was comparable to Dutch glasshouses on planting dates from March - July



Could This be a Viable Business?

Our Actual Costs

Cost of each NFT system - **£1,826**

Total capital cost of 6 polytunnels with NFT - **£71,361**

Total operational cost of 6 polytunnels for 1 year - **£45,360**

Return on Investment Over 15 Years

Two Model Farms

Low-Cost: 1 Tunnel (211 m²), Minimal Processing (Wash before use)

Higher-Cost: 3 Tunnels (211 m²), High Processing (Ready to Eat)

- Created a combined schedule of high performing varieties
- 321 day growing window (Feb-Dec)
- 244 days of lettuce supply (2/3 of the year)

Ran 100,000 simulations modulating key variables

Yields: 75% (Disease and Pests) - 110% (Crop selection or Optimisation)

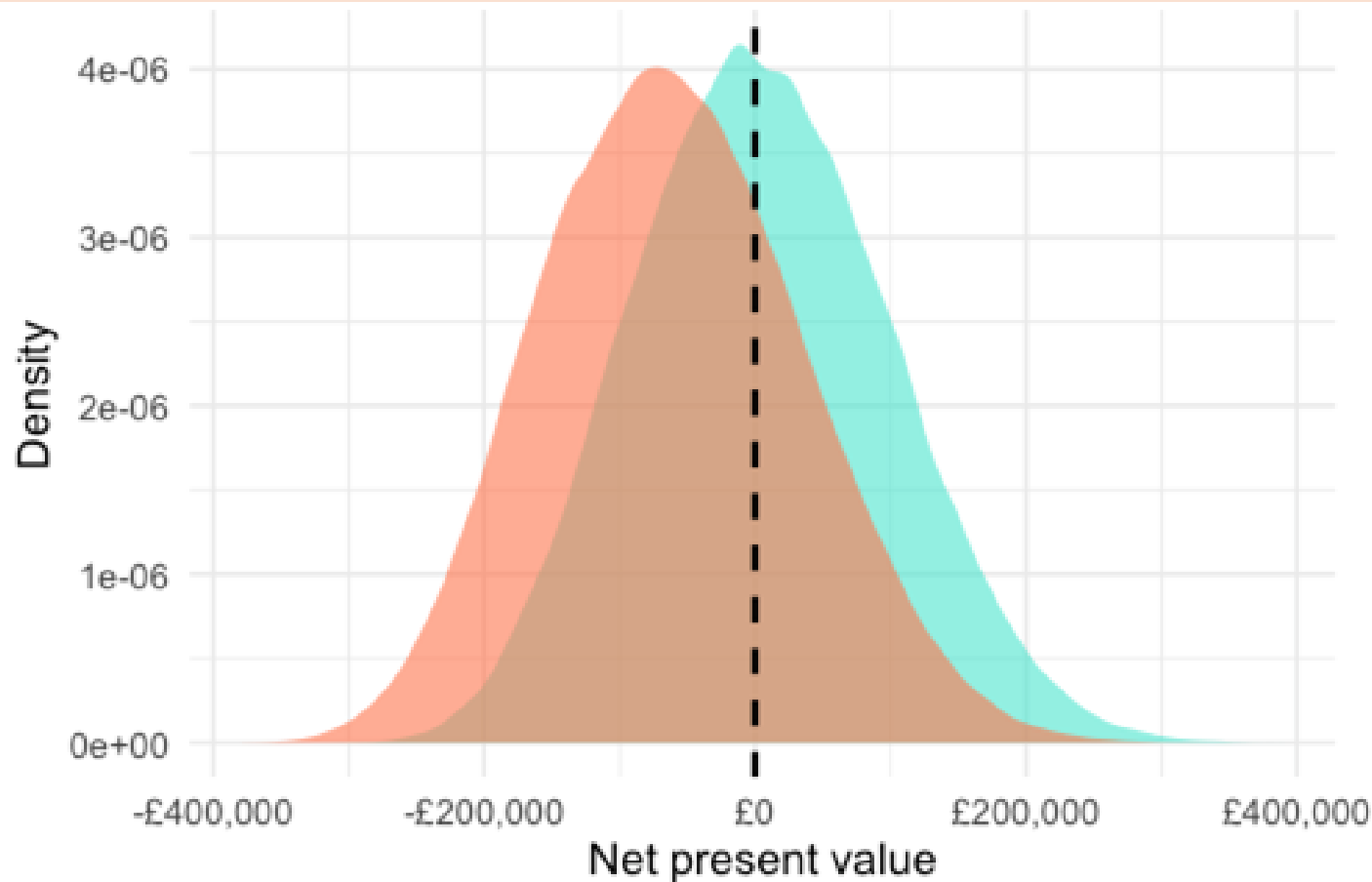
Sales Price: £14.78 kg⁻¹ (Retail-Avg) - £24.00 kg⁻¹ (Premium), Mode = £20.62⁻¹ (Retail-Max)

Sell through rate: 60% - 100%, Mode = 90%

Electricity: 1x - 1.5x baseline

Labour: 1x - 1.2 x baseline

Return on Investment Over 15 Years



Net Present Value takes into account the cost of money over time

Discounts at 8% per year

How much you would expect to get back in real terms

How to Facilitate Low-Tech Hydroponic Production

Current models are marginal

Optimal variety choice and management is required to boost yields

Alternative business models may be needed for reliable demand and high price points

- Community Supported Agriculture
- Non-profit Cooperatives or food-hubs
- Public Procurement

Capital Expenditure is still a hurdle and unattractive for investors

- Grant funding
- Blended Finance (Government guarantees on private investment)
- A good deal as it can provide other societal benefits
 - Training, primary education, community growing

Thank You

Supervisory Team:

Jonathan Leake
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Stephen Rolfe
Anthony Ryan
Duncan Cameron
Jill Edmondson

H3 Hydroponics Team

Jacob Nickles
Martin Selby
Harry Wright



NO SOIL?
NO PROBLEM!

The promising future
and unique challenges
of growing food
without soil

WHAT THE HECK IS HYDROPONICS?

CREDITS



TOBY EVANS - AUTHOR & RESEARCH LEAD
Toby is a PhD student researching low-tech and low-input hydroponic growing of leafy green vegetables and how these growing systems may integrate into the UK food system.



JACOB NICKLES - CO-AUTHOR
Jacob is a specialist in sustainable agricultural technologies within controlled environments. He currently works as a research fellow within the H3 project and drives knowledge exchange with industry via a number of Innovate UK projects.



GABI PUTNOKI - PRODUCER & EDITOR
Gabi is a comics producer and founder of Graphic Novel Reading Room, a UK-wide pop-up comics reading event. She also works for the H3 project as knowledge exchange support.



ROSIE MURRELL - ILLUSTRATOR
Rosie is a comics artist and illustrator based in Sheffield. She specialises in graphic novels, educational comics and illustrations that address environmental and social issues.



You can find a digital version of this zine at the link below:
<https://h3.ac.uk/publications/zine>